# Health Conditions and Health Care among California's Undocumented Immigrants

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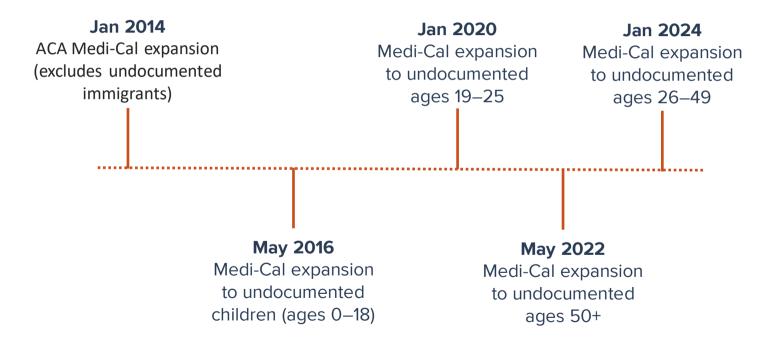
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#### California has been expanding Medi-Cal to undocumented immigrants by age group





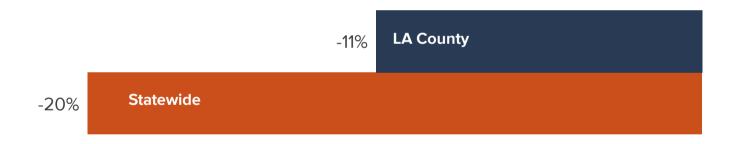
#### Community health centers are key access points for low-income, immigrant Californians

- Community clinic visits data offers insights into undocumented immigrant health
- Study population includes Medi-Cal and undocumented adults
- Los Angeles County has the largest number of undocumented immigrants of any California county



#### Undocumented immigrants are less likely to have preventive-care-coded visits . . .

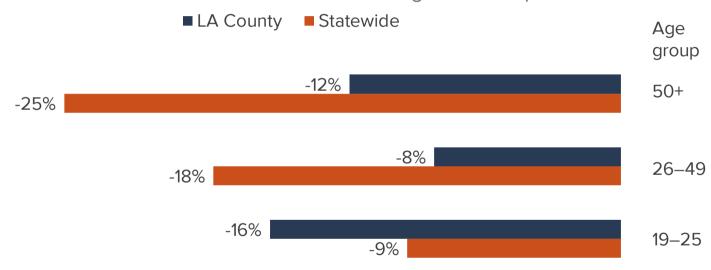
Undocumented status and likelihood of a visit being coded for preventive care





### ... and this difference is consistent among age groups

Undocumented status and likelihood of a visit being coded for preventive care





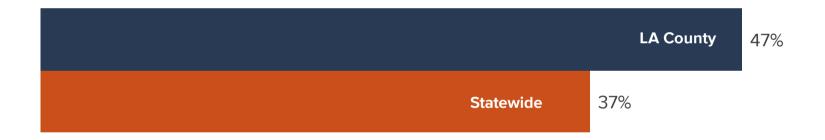
## However, undocumented patients get certain preventive services at rates at least as high as Medi-Cal patients

	Statewide	LA
Mammogram (women over 50)		
Colonoscopy (adults over 45)		
Stool colon cancer test (adults over 45)		
Shingles vaccine (adults over 50)		

- More likely if undocumented
- No significant difference

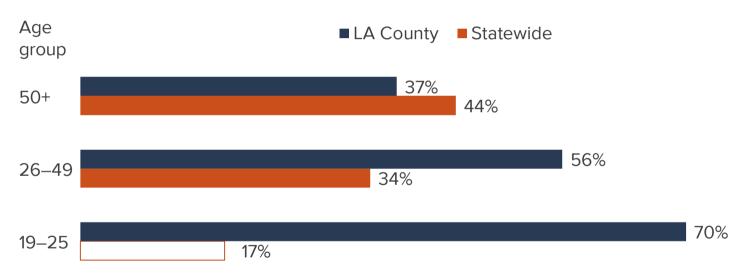
#### Undocumented immigrants need—and use—more behavioral health

Undocumented status and likelihood of a visit being for behavioral health



#### Likelihood of using behavioral health is strong across all ages, particularly young adults in LA

Undocumented status and likelihood of a visit being for behavioral health (%)



#### Experts in LA highlight the high demand for counseling services

- Trauma related to migration, domestic violence, or experiencing war in their home countries
- Clinics struggle to find fully bilingual providers who can offer counseling in Spanish or other languages



"A good example would be the Fourth of July. If [a patient] went through a war-torn country, and they're hearing [fireworks]. They might not understand why they have a headache. It might be the smell, too, because fireworks emit a smell, and it might remind them of past experiences with war and how gunshots smelled in their home country."

—LA interviewee



#### LA experts highlighted barriers to health care access for undocumented residents

- Fear and confusion about federal immigration policy
- Limited information and misinformation, transportation and language needs, high cost of living in LA



#### The final Medi-Cal expansion will affect enrollment and demand for services

- Older adults may show more interest in applying than younger adults
- Expect higher demand for behavioral health services



#### Easing barriers can help prepare for the upcoming expansion

- Accurate information, enrollment assistance, and language services will be essential
- Clinics would benefit from resources to hire more staff, especially bi- or multilingual staff
- Expand language and technological support for telehealth



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